

# LIVE WELL

**Your journey to financial wellness begins with you.  
Improve your well-being with our Financial Wellness Webinars.**

## 2024 UT Quarterly Financial Wellness Education

### What does it mean to live financially well?

Financial wellness is about achieving a state of well-being where you live within your means, feel confident in your future and are prepared for the unexpected. Attend any or all of our 30-minute financial wellness webinars to help you build a more secure tomorrow by creating good habits for life.

New Sessions	What's It About?	Date	Time
<b>Organize &amp; Build Your Financial Plan</b> <a href="#">Register here</a>	In this webinar, learn how a planning approach to your financial wellness can help you be more confident and organized. You'll also learn how to prioritize your goals no matter where you are in life, identify key steps to achieve them, as well as some common pitfalls to avoid on the journey to overall financial wellness.	February 29	11:00 a.m.
<b>6 Tips for Spring Cleaning Your Finances</b> <a href="#">Register here</a>	In this webinar, learn the six things you can do now to get and stay on track to achieve your short and long-term personal goals and an overall sense of financial wellbeing.	April 10	12:00 p.m.
<b>Estate Planning for All - Leave the Legacy You Want</b> <a href="#">Register here</a>	In this webinar, learn about how to protect the things that matter to you. Almost everyone should have a clearly defined estate plan, no matter their age or how much money they have. Discover why an estate plan is important, starting the estate planning process, and how to protect the legacy you want.	August 28	1:00 p.m.
<b>Is TRS and Social Security Enough?</b> <a href="#">Register here</a>	In this webinar, learn more about what your pension and Social Security mean for your secure financial future. Is it enough to replace all of your income in retirement or should you be doing more now while you're still working? Join us as we review and discuss how TRS, Social Security and your personal savings will work together in your future.	October 17	11:00 a.m.

**Pro Tip:** Stay after any financial wellness presentation for a 20 minute overview of the UT Retirement Programs.

### Do you have financial questions or are you ready to get started now?

Schedule a 1-on-1 appointment today by visiting [utsaverappt.timetap.com](https://utsaverappt.timetap.com).